

THE TANTRISM

OR THE ART OF MANIPULATING
THE PRIMARY ENERGY



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Hello Everybody:

The tantrism is the name that I give to the art of manipulation of primary energies in the body. My practice, for over more than 30 years of a form of personal tantrism, has taught me that the same energy directed towards the bottom could give energetic orgasms and directed towards the top could give mystical ecstasies. Here is a summary of my experience.

To put you in context, here is the first extract of my book 'The Origin of All' available free of charge in PDF format with this direct link:

http://www.music-close-to-silence.net/a_lorigine_de_tout.pdf

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In appearance, I had given up parapsychology and the quest for the ultimate truth. However, an article in a popular magazine was to open a new field of exploration for me. Under the eye catching title "The Cosmic Orgasm", it treated the subject of an ancient oriental tradition, called tantrism. In brief, it consisted of deviating the currents of sexual energy upward to make them go up along the spinal column, up to the top of the head and in this way, expel them toward the cosmos. The benefits of this technique were not really stated and the tools to reach it even less. Nevertheless, it aroused my curiosity, awakening some memories of research on the sexual energies during my twenties that I thought I had forgotten. I was telling myself that if the sexual energy could go up and be expelled through the top of the head, the reverse could also be true. I couldn't see at that time, the interest of wasting this energy by spreading it in the empty interstellar space.

I started with a simple and easy exercise. At first, I would make a column of energy come down on the top of my head, then all along my spinal column. During its descent, I would increase its vibratory level in a crescendo down to the base and then to my genital organs. At first, it would provoke waves of pleasure of short duration in my sexual organ. With practice, they became more and more intense beyond anything I had known before. There was no exterior stimulation to engage the contractions that led to ejaculation, thus to the involuntary expulsion of energy. So these energetic orgasms could be reproduced at will without any apparent exhaustion. The limits were in the capacity of the sensitive nerves to react to stimuli and their long term insensibilities. But the possibilities proved to be rapidly impressive. After a few months, I could experience tens of orgasms per day and this during two to three consecutive days. Luckily, my schedule of an artist allowed it. For these experiments, I called on the readings of my twenties about the role of energies in the processus of sexuality and the maintenance of balance in the body.

Every month, instinctively I would discover new possibilities. I learned to transform this column of positive energy into a beneficial rain on the whole surface of my skin; to concentrate this pure energy so it could enter directly through my sexual organ and go back up along my spinal column; to draw this energy from the earth starting from my feet and through my legs to make any part of my body vibrate. I learned to play with its whole range of intensity, its level of vibration and the direction of its currents. This research was instinctive and not based on the slightest documentation. Given the rapidity of the learning, it could only have been reminiscences of a knowledge from another life.

With the years, my sexual orgasms went from a duration of a few seconds to many minutes, even ten and more yet; and this reproducible at will. I can't explain here in detail all the techniques that I used. It is not the purpose, but you should know that beyond the certainty of sexual pleasure, my body was getting used to live parallel of orgasms more and more complete. They implicated my entire being and would take an air of ecstasy. The energy that I was manipulating was of a divine and sacred source for me. These rituals celebrated life in my body and the joy to have found it again after all these years. My ecstasies became more and more profound. Now they were serving me to immerse myself in a purifying energy that consumed my dead matters, spread its vitality in all the dark corners of my being and stimulated the growth of all the cells in my body. I had discovered with the bias of pleasure a tool for an overall health.

The start of my research in this area goes back to the age of approximately 23 years where, at that time, I felt bad about myself because I was not accepting my human condition on earth. I had to find solutions to solve that unhappiness. Knowing that I would live for more than 90 years on this planet (against my primary will), I might as well adapt and enjoy my life fully. I then started a series of therapies based principally on psychosomatic methods which means that they use the human body and its five senses as principal tools to discover the origin of its real identity. The body registers all the events of your life and even those of other lives thanks to our secondary bodies (emotional, mental, etc). When an event is too outstanding or traumatic for our absorption capacities, our conscience blocks automatically, for its protection, the sensory receptors of our different bodies and avoids therefore more serious consequences. With the years, our sensory potential atrophies and we end up with a diminished perception of our environment.

Because of those therapies which helped to unblock events non-experienced entirely and frozen in time in all my cells, I discovered that the actual capacity of my senses had little to do with what I had received as potential at birth. What I possessed was what the turpitudes of life had kindly given me. I therefore started, with surprise, to perceive a range of colors and more subtle sounds; to have sensual sensations at the slightest touch and pleasure to taste all things. What were the limits of my senses and determined by what?

In that path, I started to do research on other methods which could help me to exceed my own limits. I read the works of Alexander Lowen on 'The betrayal of the body', 'Pleasure', 'Bioenergetics' and started to practice those exercises to stimulate the free movement of energies in the body. I also practiced the anti-gymnastics of Thérèse Bertherat to help undo knots, the blockages which could stagnate the energy in me. That had an immediate impact on the intensity of felt vibrations in all my body and by ricochet on the sexual pleasures including all forms of sensuality. It was then possible to manipulate and amplify the energies contained in us and use them for different purposes.

To better understand the phenomenon, you must know at first the basic concepts which help to his comprehension and its application.

The source of primary energy which gave birth to all forms of life in the universe is a constant presence in our environment at different assays. The space is black not because it is empty but because it is filled with what we call black matter or dark energy. This original substance, which is black in its non-realized state in a form, is the primary source of all creations. The black holes, which we now know that they are not an aberration in space but present pivots in the center of each galaxy, are this substance which by its great concentration creates all attractions, all repulsions as well as all gyratory movements which follow. It is the constant encounter with itself and the vibratory shocks which result that creates all substances and existing forms in the universe. This is perceived in a larger sense of the term because it includes elements as subtle as a sound, an emotion or an abstract idea. These vibratory shocks are also at the origin of all conscience.

We are ourselves made of this primary energy which solidified to become our form along with everything around us in our environment. It is therefore at a formal state in all things and in the ambient air which surrounds us. We constantly bathe in this substance and it goes through us in different ways. It is the vehicle also by its variations of frequencies, emotions, thoughts, and feelings of everyone.

When we breathe through the mouth, the nose, all the pores of the skin and even with our more subtle bodies, a part of this energy in coming through stays confined in our organism. Its natural movement therefore transforms by the force of things in a gyratory movement. In the long run, it entails internal frictions which can provoke a certain discomfort. Generally, that energy accumulates at the bottom of the body and stimulates the sensory nerves in periphery of the genital organs. It is this phenomenon which drives us to have sexual relations for the purpose of releasing this overflow of energy. It can be expelled outside at the moment of orgasm spasms and regain its primary condition, free of all restraint. The being habitually finds back momentarily at that moment a certain equilibrium between the internal energies and the external ones. Many physical exercises can also play the role of emptying this overflow of energy or distributing it in a more balanced way in the whole organism.

Unfortunately, us terrestrials, we live on a planet which is located on the extreme edge of a galaxy called the Milky Way. We are therefore very far from its center where this primary source is the most abundant. But anyway, it is possible to learn to manipulate it, even with scarcity, so that it materializes in our environment all our forms of thoughts. We have a directional capacity, with our unusual emotional and mental bodies, that can overcome this problem. It is a legacy of our original race created with an immense potential.

With will and practice, this energy can be concentrated, directed, amplified, colored according to our intentions. The interest is to increase its quantity and quality in the successive bodies to achieve levels of well-being and unmatched awareness. This can lead us, however, to a little shift in our immediate environment but this will also push us automatically to places nearer to our foundations. Everything is in the art of progressing internally while keeping a certain equilibrium with our exterior. This process of increase of energy in us is a step which can allow us to live in worlds more dense in energy than naturally more evolved. An ascension is one of the consequences.

The first step is to believe that with will power of the mental and the help of sensations in the body, that is possible. The best start, according to me, is the manipulation of sexual energies because they are those which, by their intensity, are the most recognizable by humans.

Then, I started 30 years ago, by a first exercise which consisted in imagining a huge funnel of approximately one meter on top of my head which concentrated that ambient primary energy in a column of light of a few centimeters. I made it descend on the top of my head and penetrate along my neck while creating a sensation of heat, and then on the inside of my spine while feeling a vibration all along. Its visualisation in our imaginary is relative to the capacities of everyone of us but the physical sensations do not lie. Sensations of heat, tingling, pressure, vibration must accompany the experience. You must accustom your bodies to support a greater concentration of energy without endangering them with a great imbalance. In imagining a light column, we tint already this energy because it is black or invisible in a neutral state. As it is at the origin of all forms of life, we can name it divine to assure us that is pure and positive at the starting point. We can also tint it with qualifiers which help to its absorption but we must avoid to remove its part of choosing the attributes which fill our real needs.

In its descent, this luminous energy can be blocked by knots, residual accumulations. Then, we must take time to let it accumulate in these places so they can be dissolved. It can also accumulate in different chakras to nourish and activate them before continuing its path. If we manage to make it vibrate down to the bottom of the back and in genital organs, it provokes sensations of caresses on the highly sensory nerves of that area. These first short-term pleasures at the start, after a few minutes of rest, can be again repeated in all their paths. The number of times depends on your capacity to recuperate. But if you are listening to your body, it will tell you when the experience has attained its sensory limits.

A passing encounter, having lived in Japan, had explained the importance in the ancient culture of that country of the practice of very hot baths and steam saunas to relax the body, dilate the blood vessels and favour this way in the sexual relations, the increase of pleasure sensations which I put into practice with conclusive results. I also got into the habit of giving myself massages to renew contact with all my body parts. I took the opportunity to thank each one for its essential role in the maintenance of the global equilibrium. I also specify that the respect at all times of your body is a condition which favors the communication between all its conscious parts.

I take time to explain that the human body is a marvelous vehicle through which a huge network of sensitive nerves, blood vessels and currents of energy goes through and feeds it in permanence. It allows you to have conscience of our personal universe and the one of the collectivity which we are a part of. It is not gross and vile in any form. We owe it respect, gratitude, love for all it brings of terrestrial pleasures. Our actual body is a conscious choice or an unconscious consequence but natural and adapted to our level of evolution. All gestures that we make every day should be made with the best possible intentions. The manipulation of energies in the body is a privilege which is accessible to all but which succeeds well only to those who see the sacred and divine side. Do not forget this ascertainment; when the neutral primary energy is directed towards the bottom, it gives energetic orgasms and when it is directed to the top, it gives mystic ecstasies. Two directions, two results which seem opposite for certain and yet both celebrate the joy of being alive.

After a period of time, I started to explore other variations. I was making the column of light pour on me under the form of beneficent rain which stimulates and cleans all the skin pores by penetration. I drew also that energy at the heart of the earth, warmer and already colored by the conscience of the planet and I made it penetrate by the soles of my feet to rise all along my body. My primary goal was to feel a variety of sensations of pleasure in different places in my body but with time, that provoked also sensations of durable well-being with ecstasy peaks in my whole body. You must not forget that the basic movement of that energy is to penetrate by the extremities, meaning the feet and hands and then go up along the spine up to the top of the head and then go down along the body. This continuous cycle forms this way a protective cocoon. This cocoon can be amplified, revitalized to control up to a certain point the external emanations which reach us. This cocoon can also be wide to encompass our more subtle bodies which cover a bigger space. The negative vibrations, which are not necessary for our evolution, can be then blocked.

The intake of sincere emotions and positive terms to qualify this energy is sometimes necessary to amplify the sensations. With time, I learned to color this energy by giving it attributes or qualities according to my specific needs. Energy of love, vitality, happiness, prosperity; it can take all appearances of frequencies which are possible. It can vehiculate all moods, feelings, possible concepts contained in the emanations around us. It has created all things so it can take the appearance of all vibrations and fill us. We can concentrate it in the

organs in particular to revitalize or reharmonize them. We can instill a gyratory movement or a precise pulsation. By activating our major chakras, we activate the corresponding bodies which are related to them to create a global equilibrium of the being.

I was always pushing to their limits the learning under my acquired knowledge. The benefits were concrete. By raising the vibratory level of my energetic centers, I was developing the corresponding bodies and was harmonizing between them. I was coming out of many days of ecstatic experiences, full of energy, in good shape and feeling every time a well-being more and more profound. Constant happiness was at my door.

During meditations, after many callings for divine energies in me, I was often overcome by a wave of ineffable love. Every time, I knew that it was what we call the divine unconditional love because it left me in a state of bliss with myself and mankind. When I was going out in the street after one of these moments of ecstasy, I was seeing everybody as friendly and beautiful. I was feeling an empathy as a taste to melt into them.

Since over more than 25 years, I have known sensations and plenitudes which have exceeded the normal devolved human framework. This neutral energy at the start in being directed towards the bottom has given energetic orgasms of more and more length, deep and globalizing; directed towards the top, it has given me ecstasies more and more powerful, transformative and mystic.

Even if I have noted a good part of exercises which I have practiced, it would be fastidious to list them all here. What is important is to understand that there is little limit to what a body can live as sensation. The profound transformation of your being can be done simply by invoicing on oneself a precise energy which is the manifestation of a quality that you want to acquire. The energy, from divine essence, in which we bathe permanently waits for an effort on our part to fill in. Anyway, it transforms already our personal environment by conveying all our emanations no matter if they are from an emotional, mental, conceptual order or others and if they are conscious or not. Then, why not take control and become an agent acting rather than undergoing, The control of our own emanations (emotion, thought, gesture) and the invocation in us of different attributes that we want to possess are already a good start.

We literally bathe in this primary energy and this energy can take all forms to the extent it has an encounter with itself or with an already existing form. Our personal universe is made of our emanations which come back to us constantly. Everything that we emit in gestures, words, emotions or feelings, after a certain course to the end of its energy which has propelled it, comes back with the same intensity which has propelled it and sends us back an image of ourselves through the other. If we learn to control our emanations at the source without forcing they will, sooner or later upon their returns, change our environment. There is no judge, no superior being which sends us back our emanations in the form of reward or punishment. It is an immutable natural principle, impersonal which functions without conscious intervention. Our actual emanations, no matter what they are, will generate our future inexorably.

Many of our diseases are the result of our troubled emanations of the past. The self cure starts with a rebalance of energies in our different bodies. When you have a particular health problem, you must resort to all your organism to conscientise it to the effect that it affects necessarily the whole. All the possible bodies; physical, emotional and mental and also each of their parts, to keep their integrity, must support and intervene for every particular unbalance. Only the collaboration of the whole unified can return to the source of the cause and make again the energy circulate freely.

You must know that your conscience is not located only in the brain but in the whole of your entity including each of your cells and molecules of your bodies. Yourself, you belong to a more vast being which is your superior conscience. You can ask your superior conscience to give you its support for your cure as a part of yourself can count on your global conscience to be supported and maintained in health. You are as important and precious for the universe which is the ultimate conscience that includes all, as each of your particules and microscopic entities, which form and live in your interior universe, should be for you.

The art of manipulating energies which surround us is the start of a long learning to take more and more control of your life and destiny; being no more powerless in front of the powerplay which we do not understand. Evolved beings know that, to rapidly progress, you must learn to recognize in all that we get in daily life as being the reversed reflect of ourself. It is in the reactions to these elements which reach us that we build and define our future. Without blocking a certain spontaneity, you must learn to be more and more conscious in every move that we make, in the thoughts which we maintain and emotions that we convey. Everything that we emit should always be at the best of our capacities of the moment.

One of the tools of this learning can be found in your aura and its deployment. Stop perceiving yourself in the limits of your physical body. Open yourself to greatest. Get accustomed to perceiving yourself in your other more vast bodies and feel their potentials and limits. Imagine yourself covering a bigger space which rarifies in palpable matter with the distancing but condenses in energy and refines in sensation. Your heart does not beat only for your physical body but beats for all your possible bodies. All your organs can have their correspondances in each of your bodies. Their matters dissolve little by little but the network of energies that weave them, those become more and more dense. Learn to palpate in depth your vaster bodies. Discover their particular sensibility more and more refined and in movance. How far can you grow without losing contact with your fixed center, your own stability? And when you will have reached your perceptible limits, imagine that you are at a crossroad, at the meeting of a multitude of other conscious forms; that you are a sphere of energy with a complex form which serves as a relay to a vast crossing of currents which circulate through the whole universe. If you succeed in seeing yourself as an important element to the proper functioning of this network, you will then become indispensable. On the road to immortality, you must become an energetic vital point in this huge Divine body which is the universe. Then, you receive an intake of energy to sustain you eternally.

You are still mortal because your conscience has not lifted the veil on all your potential. But, you have been created at the origin with the aptitude to prolong yourself indefinitely while keeping all your possible bodies. Basically, your creation was done in the hope that one day, your form of life could circulate in the whole universe with all conscience; with the capacity of adapting your body so that it takes the form it wants and experience all the known ways of life. This is an ambitious project which will surely be realized some day because it is already germinating in the universal conscience.

After this last moment of exaltation of my higher self, if I come back to my personal research, I have discovered recently that the vibration of this primary energy could be refined to become a unique sound. Even if this sound is not heard with a human ear, it is no less felt as a higher sensation. Each part of a body emits a unique sonority which brings us to its essence. If we combine many silent sonorities; that they come from an organ, a chakra or any precise point of the body, we feel an attunement which becomes in turn a unique sound. When the aptitude of transforming vibrations in sensory sounds is reached, we can combine them to create an elementary music. It is a possible path but hardly attainable as a human on earth.

Here it is! It was one of the exploration fields which occupies my daily routine. What does the future hold? I do not ask myself too many questions. The present contains enough possibilities and wonders so that I do not anticipate the future and worry too much about it.

Thanks to all these manipulations of energies, I ended up accepting that my conscience be incarnated in the terrestrial body and that, even with its obvious limits of the moment, I could enjoy it more and more fully and peacefully.

It is my vision

Colin Chabot



